A case report of sub-mucosal bladder stone

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Introduction

Bladder stones represent 5% of urologic stones. Bladder stone could be primary in cases without functional, anatomic, foreign body, infectious or any other underlining disease. Secondary bladder stones are due to bladder or urethral ailments (1, 2). We had a 45-year-old woman referred to our office with occasional supra-pubic pain for three months. She has no urolithiasis history with two natural vaginal delivery 20 and 25 years ago and a recent appendectomy at adolescence. She never has intra-uterine device or any gynecologic surgery. Ultrasound of the abdomen and pelvic showed a 20 mm stone in the bladder. Other urogenital organs were normal. Urinalysis demonstrated 5-6 WBC and urine culture was negative. As female bladder stone is uncommon, abdominopelvic spiral CT (computerized tomography) was performed that showed a stone density in the left posterolateral wall of the bladder (Figure 1). The patient had pain and also stress about the identified bladder stone, thereby the surgery was conducted. In cystoscopy, we detected a mucosal bulging on the left lateral wall of the bladder (Figure 2). Its mucosa was intact. Then we incised on the mucosa with cautery and extracted the stone. Sub-mucosal bladder stone could be developed in even normal women without any background illnesses.

Discussion

Hematuria, stranguria, frequency and lower abdominal pain are the common symptoms of bladder stones (3). However many bladder stones have been found incidentally without any symptoms. Sub-mucosal stone may be the consequence of bladder diverticulum or ureterocele (4). However, in our case there is no sign or implication for health policy/practice/research/medical education:

Bladder stones represent 5% of urologic stones. We report a 45-year-old woman referred to our office with occasional supra-pubic pain for three months. Ultrasound of abdomen and pelvic showed a 20 mm stone in bladder. Abdominopelvic CT with intravenous contrast revealed no genitourinary abnormality. In cystoscopy, we detected a mucosal bulging on the left lateral wall of the bladder. Its mucosa was intact. Then we incised on the mucosa with cautery and extracted the stone. Sub-mucosal bladder stone could be developed in even normal women without any background illnesses.


Figure 1. A stone density has been shown in the left posterolateral wall of the bladder in coronal and axial views of the patient abdominopelvic spiral Computerized tomography scan.
evidence of urogenital anomaly. Previous appendectomy does not seem to be culprit as the stone was in the left side of the bladder. Two natural vaginal deliveries also could not be the cause. Therefore, the only cause of this stone may be the lodging of a nidus into the wall of the bladder and gradually sub-mucosal growth of the stone. We could not find any similar case in the literature especially in women.

**Conclusion**
Sub-mucosal bladder stone could be developed in even normal women without any background illnesses.

**Authors’ contribution**
HMR and TZM designed the study, observed accuracy and validity of the study. HMR and AHK collected the data. HMR and TZM supervised the project. HMR, TZM and AHK wrote the paper. All authors edited and revised the final manuscript and accepted its publication.

**Conflicts of interest**
There are no competing interests to declare.

**Ethical considerations**
Ethical issues including plagiarism, double publication, and redundancy have been completely observed by the authors. Informed consent was taken from the patient for publication of the report.

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**References**